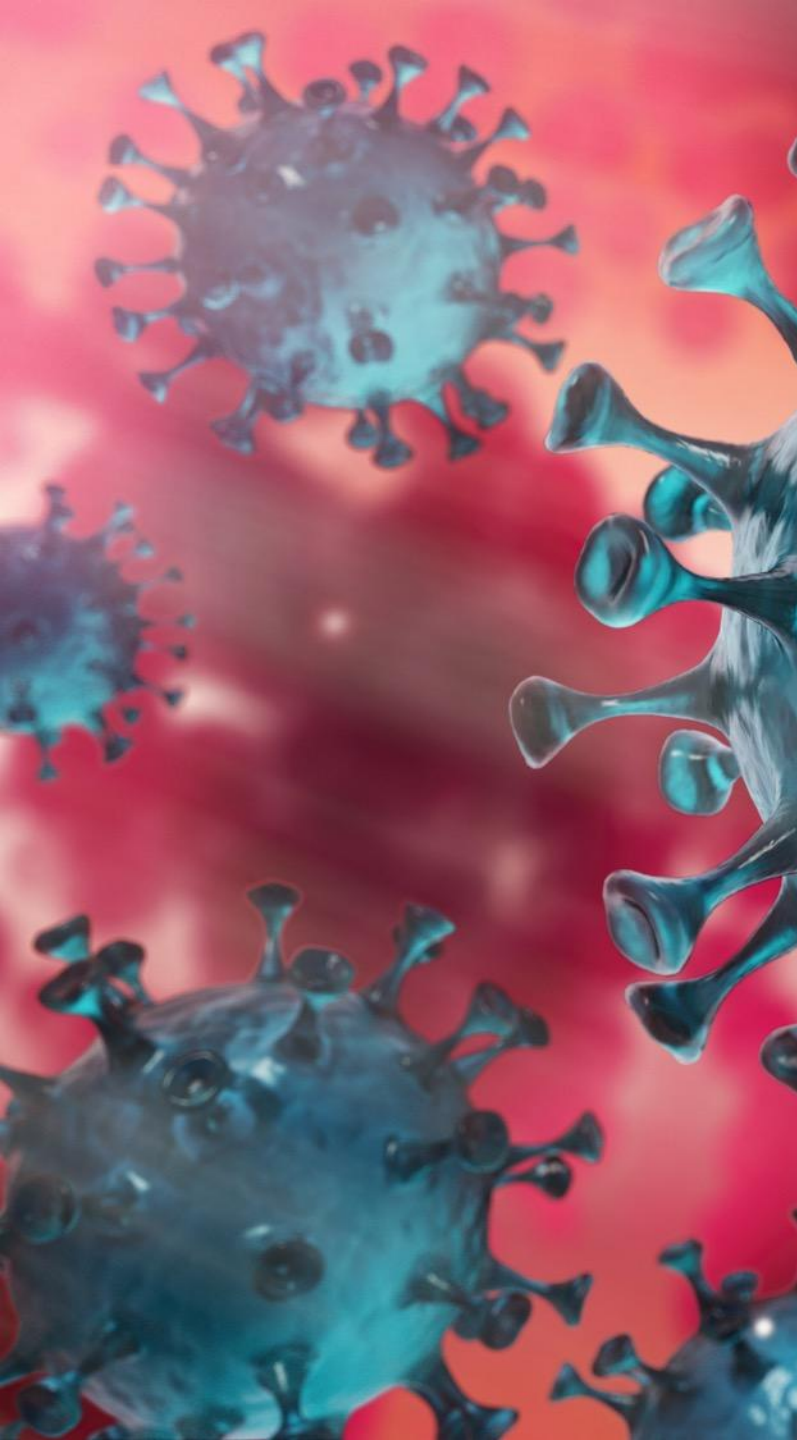


HOW TO PREVENT

CORONAVIRUS (COVID-19)

FROM SPREADING AT YOUR BUSINESS





What Is COVID-19?

- COVID-19 is the name given for an infectious virus that causes respiratory disease.
- It was first detected in China and has spread worldwide creating a pandemic.
- The virus that causes COVID-19 is called SARS-CoV-2.
- SARS-CoV-2 is a variation of SARS-CoV which caused a global outbreak in 2003.
- The virus can cause very mild respiratory cold/flu-like symptoms to more severe pneumonia-like illness, including death in some “at-risk” people.

How Can Businesses Help Slow the Spread of COVID-19?

- Educate employees to:
 1. Wash hands frequently with soap and water.
 2. Cough into the elbow.
 3. Don't touch the face, eyes, or nose.
 4. Stay home if they feel sick, even if they only have minor symptoms.
- Clean and disinfect frequently.
 - Use the right cleaning products, including bleach, 70% alcohol solutions, and EPA-registered disinfectants.





How to Reduce Risks of Infection to Employees

- Businesses should provide the proper PPE (Personal Protective Equipment) like disposable gloves and face masks.
- Businesses should provide access to healthcare foam hand wash and hand sanitizer.
- Allow employees to telecommute if they can perform their job functions remotely.
- Vary shifts so employees can spread out and not be as close to one another, if feasible.

How Employees Can Help Reduce Risks of Infection

- Always wear clean clothing and work uniforms.
- Practice proper hygiene by washing hands frequently and showering daily.
- Always wear any additional PPE provided by your employer.
- Stay home if you are sick or do not feel well, even if you only have minor symptoms.





The Role of Uniforms in Reducing the Spread of COVID-19

- The use of uniforms in the workplace makes it easier for employers to help ensure their employees are provided with sanitized clothing.
- Uniforms make it easier for employees to change clothing as needed throughout the workday or after encountering someone who might be sick.
- Using a laundry service to wash uniforms is also recommended to ensure uniforms have been properly sanitized.

What Else Can Businesses Do?

- Businesses can encourage employees and their families to get vaccinations for the flu and other illnesses.
- While there is no vaccine for COVID-19, being vaccinated for other illnesses can help boost the body's immune system and could potentially reduce the risks of severe COVID-19 infections.
- Businesses can also reduce operating hours, limit the number of customers in stores, and offer alternative shopping options, like home delivery, drive-thru, or curbside pickup.





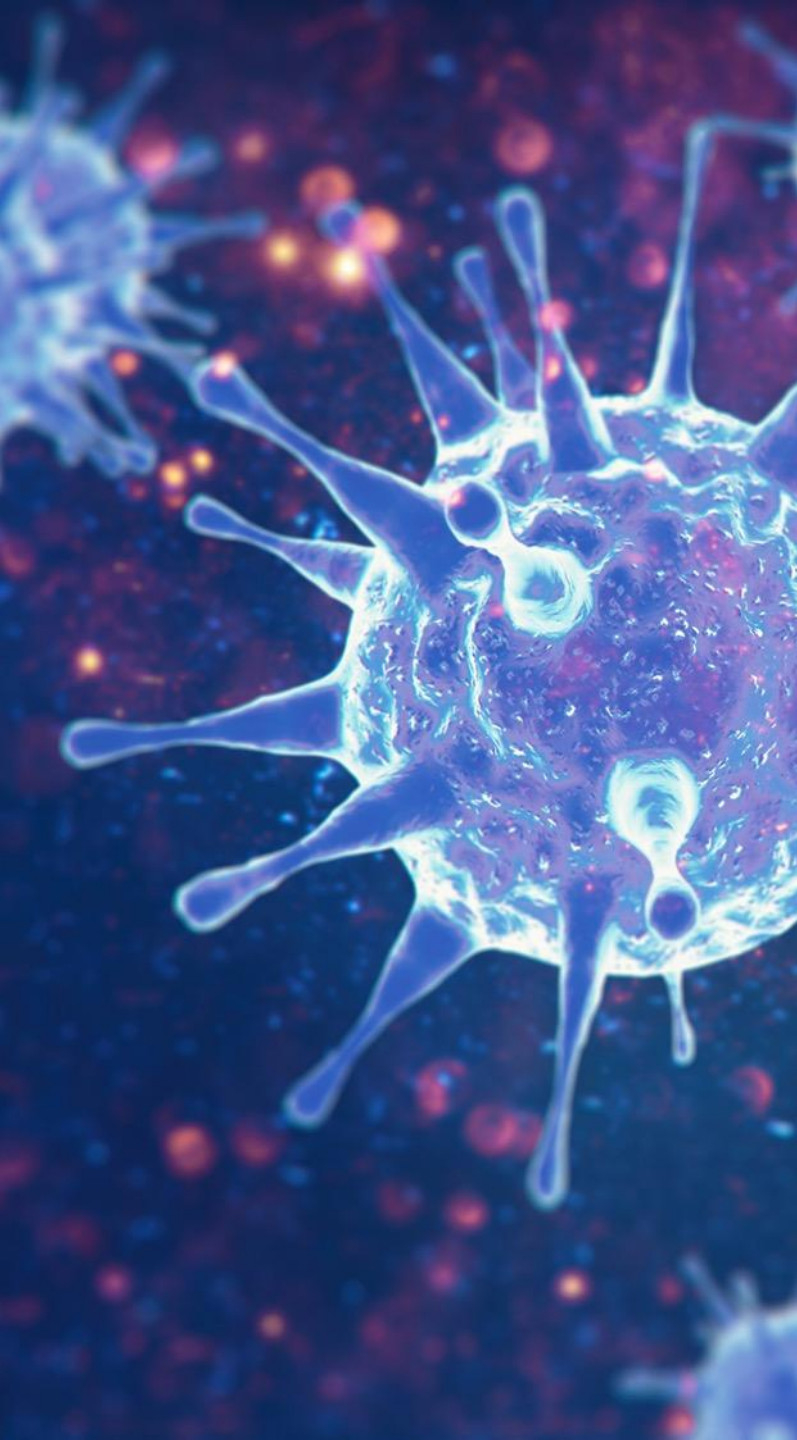
How Restaurants Can Help Reduce Risks of COVID-19

- Send sick employees home if they present symptoms.
- Keep customers spread out at least 6 feet apart and cut maximum seating/dining capacities in half.
- Offer takeout, delivery, and curbside pickup instead of dining in.
- Wear clean food service uniforms and gloves and change as needed.
- Frequently wash and sanitize food prep areas, dishes, dining tables, chairs, etc.

How Consumers Can Help Reduce the Spread of COVID-19

- Consumers can also do their part to help reduce the spread of COVID-19 by doing various things, including:
 - Stay at home if you do not need to go out.
 - Take advantage of home delivery services for groceries and other items.
 - Self-quarantine your entire family if anyone appears to be sick.
 - Frequently wash hands, avoid touching the face, cough into the elbow, and stay more than 6 feet apart from other people.
 - Clean and sanitize household areas daily, including countertops, bathrooms, and bedrooms.





Reducing the Risks of Spreading COVID-19 Takeaways

- Everyone needs to do their part to ensure they are doing what they can to help reduce the risks of spreading the virus.
- If illness is suspected, self-quarantine immediately.
- Report potential illness immediately.
- Wear clean and sanitized clothing/uniforms and PPE and change as needed.
- Practice good hygiene with frequent hand washing using healthcare foam hand wash.
- Monitor CDC and WHO daily for further updates.

About Us

At Prudential Overall Supply, we have been helping businesses of all sizes with their uniform, cleanroom, and facility product needs since 1932. Thanks to our locations throughout the United States, we are easy to find.

All our business practices adhere to doing what's right for the environment, our customers, and our employees. Our work uniforms, facility products, and laundering services help provide access to sanitized solutions. We can deliver hand sanitizer, clean towels, paper products including toilet paper and mops. We also offer cleanroom reusable and non-reusable garments including goggles, face masks, medical gowns and more to healthcare and medical facilities.

Visit us online today at www.prudentialuniforms.com or call us at 800-767-5536.



Sources

<https://www.cdc.gov/coronavirus/2019-ncov/>

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>



Summary

With the spread of COVID-19 increasing, it is vital that everyone does their part to help reduce the spread of the virus. From frequent hand washing and proper hygiene to wearing clean and sanitized uniforms and PPE, taking the right precautions can help ensure people are less likely to get sick.